

ASSOCIATION ACTIVITIES
(2019-2020)

PG & Research Department of Nutrition & Dietetics
&
B.Voc Food Processing and Safety
Jamal Mohamed College (Autonomous)
Tiruchirappalli – 620 020.

Inauguration of the Association of Nutrition & Dietetics &

B. Voc Food Processing & Safety

Team of Office bearers (2019 - 2020)

Vice President : Ms. J. Harine Sargunam,
Assistant Professor

Secretary : R. Faseeha Fathima, II M.Sc.,

Joint Secretary : S. Shalin, I M.Sc.,

Executive Member: M. Sathyananthi, II M.Sc.,
C. Keerthana, I M.Sc.,
N. Mubeena Fathima, III B.Sc.,
M.N. Safrana Begum, III B.Sc.,
V. Priyadharshini, II B.Sc.,
G. Dhanalakshmi, II B.Sc.,
M. Marwa Fathima, I B.Sc.,
E. Shabana Sheerin Fathima, I B.Sc.,



JAMAL MOHAMED COLLEGE (AUTONOMOUS)
College with Potential for Excellence
Re - accredited (3rd cycle) with 'A' Grade by NAAC
(Affiliated to Bharathidasan University)
Tiruchirappalli - 620 020

NUTRITION & DIETETICS ASSOCIATION

Cordially invites you to the

INAUGURAL FUNCTION & FRESHER'S DAY CELEBRATION

*Date : 22.7.2019, Time: 3.15 p.m.
Venue: Commerce (ST) Seminar Hall*

NUTRITION & DIETETICS ASSOCIATION OF JAMAL MOHAMED COLLEGE (AUTONOMOUS)

*Cordially solicits the pleasure of your presence at the
Inaugural function of the activities of
Nutrition & Dietetics Association on 22nd July 2019*

Mr. J.B. VENKATAKRISHNAN

Director,
Nourish Foods Tech Pvt. Ltd. Bangalore

*will inaugurate the Association Activities and
deliver a special lecture on*

"FOOD SAFETY & HUMANITY"

In the august presence of

Hajee. M.J. Jamal Mohamed Bilal
President

Dr. A.K. Khaja Nazeemudeen, D.Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Hajee. Dr. S. Ismail Mohideen
Principal
Presides

Dr.A.K. Khaja Nazeemudeen, D. Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Dr. A. Mohamed Ibraheem
Vice - Principal

Dr. M. Mohamed Sihabudeen
Additional Vice - Principal

Dr. K.N. Abdul Kader Nihal
Director & Bursar (SF)

Dr. K.N. Mohamed Fazil
Director - Hostel Administration (SF)

Mr. M.J.M. Mujeibur Rahman
Director - Hostel Administration

Ms. J. Hajira Fathima
Director - Women Hostel

&

Dr. M.I. Fazal Mohamed
HOD - Department of Nutrition & Dietetics

Felicitate

Team of Office bearers (2019-2020)

Vice President : **Ms. J. Harine Sargunam**
(Guest Lecturer, B.Voc Programme)

Secretary : **K. Athifa, II B.Voc**

Joint - Secretary : **A. Jasra, I B.Voc**

Executive Members : **P. Lakshmi Priya, II B.Voc**
A. Mubseera Begam I B.Voc
K. Dhilthar Banu I B.Voc
R. Shadhiya Banu I B.Voc



Since 1951

JAMAL MOHAMED COLLEGE (AUTONOMOUS)

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Tiruchirappalli - 620 020

The Staff and students of
B. Voc (Food Processing & Safety) Programme

Cordially invite you to the
Inaugural function of the activities of
their Association & Fresher's Day Celebration

Date : 22.07.2019
Time : 3.15 p.m.
Venue : Commerce (SF) Seminar Hall

B. Voc (Food Processing & Safety) Programme
JAMAL MOHAMED COLLEGE (AUTONOMOUS)

The staff & students cordially solicit the pleasure of your presence
at the Inaugural function of the activities of
their Association on 22nd July 2019

Mr. J.B. VENKATAKRISHNAN,
Director,
Nourish Foods Tech Pvt. Ltd., Bangalore.

Will inaugurate the Association Activities and
deliver a Special lecture on

"FOOD SAFETY AND HUMANITY"

In the august presence of
Hajee. M.J.J. Jamal Mohamed Bilal
President

Dr. A.K. Khaja Nazeemudeen, D.Litt (USA)
Secretary & Correspondent

Hajee. M.J.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Hajee. Dr. S. Ismail Mohideen
Principal
Presides

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Secretary & Correspondent

Hajee. M.J.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Dr. A. Mohamed Ibraheem
Vice - Principal

Dr. M. Mohamed Sihabudeen
Additional Vice - Principal

Dr. K. N. Abdul Kader Nihal
Director & Bursar (SF)

Dr. K. N. Mohamed Fazil
Director - Hostel Administration (SF)

Mr. M.J.M. Mujeebur Rahman
Director - Hostel Administration

Ms. J. Hajira Fathima
Director - Women Hostel
&

Dr. M.I. Fazal Mohamed
HOD - Department of Nutrition & Dietetics
Felicitate



Mr. J.B. Venkatakrishan, Director, Nourish Foods Tech Pvt. Ltd delivered the Inaugural Address

Report of the Program

Association of Nutrition and Dietetics & B.Voc Food Processing and Safety Inguration activities for the year 2019 -2020 was conducted on 22.07.2019 at Commerce (SF) seminar hall. The program was started with Quirth.

Dr.M.I.Fazal Mohamed, Head of the Department of Nutrition and Dietetics welcomed the gathering. Dr.Ismail Mohideen, Principal, Jamal Mohamed College (Autonomous), Tiruchirappalli gave the Presidential Address.

Hajee. M.J.Jamal Mohamed, Treasurer and Dr.K.Abdus Samad, Assistant Secretary, Jamal Mohamed College (Autonomous), Tiruchirappalli felicitated the gathering.

Ms. J.Harine Sargunam, Assistant Professor, Department of Nutrition & Dietetics, introduced the office bearers of N&D Association for the academic year 2019-2020. Dr. A. Sangeetha, Assistant Professor, Department of Nutrition & Dietetics, introduced the Chief Guest of the program.

Mr.J.B.Venkatakrishnan, Director, Nourish Foods Tech Pvt.Ltd., Bangalore delivered the Inaugural Address. He addressed the students about the various opportunities in the food industries all over the globe.

Ms. M.N. Safrana Begum, III B.Sc., N&D student delivered the vote of thanks.

Two-Day Workshop on “Bakery & Confectionery”



PG AND RESEARCH DEPARTMENT OF NUTRITION & DIETETICS

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Tiruchirappalli- 620 020

Cordially invites you to the TWO-DAY WORKSHOP on

“BAKERY AND CONFECTIONERY”

(Organized by the Association of Nutrition & Dietetics and B.Voc. Food Processing & Safety)

Date: 30.7.19 & 31.7.19
Time: 10.00 a.m- 4.30 p.m

Venue: Food Science Lab

In the august presence of

Dr.A.K. Khaja Nazeemudeen, D.Litt., (USA)

Secretary & Correspondent

Dr. K. Abdus Samad

Assistant Secretary

Dr. A. Mohamed Ibraheem

Vice-Principal

Dr. K.N. Abdul Kader Nihal

Director & Bursar (SF)

Mr. M.J.M. Mujeebur Rahman &

Director- Hostel Administration

Hajee. M. J. Jamal Mohamed

Treasurer

Hajee. Dr. S. Ismail Mohideen

Principal

Dr. M. Mohamed Sihabudeen

Additional Vice-Principal

Dr. K.N. Mohamed Fazil

Director-Hostel Administration

Ms.J. Hajira Fathima

Director- Women Hostel

Resource Persons

i) **Chef. Mr. G. Annadurai**

*Skilled Trainer,
Agri Engineering College & Research Institute
Kumalur, Trichy*

ii) **Chef. Mr. P. Muthuvel**

*Bakery Chef, Bakery Basket Company
Riyadh, Saudi Arabia*

Vice- President

Ms. J. Harine Sargunam
Assistant Professor

Secretary

R.Faseeha Fathima, II M.Sc.
K. Athifa, II B.Voc.

Executive Members

M. Sathyananthi, II M.Sc
C. Keerthana, I M.Sc
N. Mubeena Fathima, III B.Sc
M.N. Safrana Begum, III B.Sc
G. Dhanalakshmi, II B.Sc.
M. Marwa Fathima, I B.Sc.

P. Lakshmi Priya, II B.Voc.
A. Mubseera Begam, I.B.Voc.
K. Dilthar Banu, I B.Voc.
R. Shadhiya Banu, I B.Voc.
V. Priyadharshini, II B.Sc
E. Shabana Sheerin Fathima, I B.Sc

Joint Secretary
S. Shalin, I M.Sc.
A. Jasra, I B.Voc.



Chef.Mr.G.Annadurai, Skilled Trainer, Agri Engineering College & Research Institute & Chef.Mr.P.Muthuvel, Bakery Cher, Riyadhha, Saudhi Arabia conducted workshop on “Bakery & Confectionery” to B.Sc., Nutrition & Dietetics and B.Voc., Food Processing & Safety students.


Report of the Workshop

Two-Day workshop on “Bakery & Confectionery” was conducted on 30.07.2019 & 31.07.2019 at Food Science Laboratory for B.Sc., Nutrition & Dietetics and B.Voc., Food Processing & Safety students.

Chef. Mr.G.Annadurai, Skilled Trainer, Agri Engineering College & Research Institute, Tiruchirappalli gave training to students on preparation of cakes namely sponge cake, pond cake, coffee cake, bread making and bun making on 30.07.2019.

On 31.07.2019 Chef.Mr.P. Muthuvel, Bakery Chef, Riyadhha, Saudhi Arabia gave training to students on preparation of puffins, black forest cake and veg puff. Totally 40 students participated in the workshop.

World Breast Feeding Week

<p>Vice President : Ms. J. Harine Sargunam, Assistant Professor</p> <p>Secretary : R. Faseeha Fathima, II M.Sc., K. Athifa, II B.Voc.,</p> <p>Joint Secretary : S. Shalin, I M.Sc., A. Jasra, I B.Voc.,</p> <p>Executive Member: M. Sathyananthi, II M.Sc., C. Keerthana, I M.Sc., N. Mubeena Fathima, III B.Sc., M.N. Safrana Begum, III B.Sc., V. Priyadharshini, II B.Sc., G. Dhanalakshmi, II B.Sc., M. Marwa Fathima, I B.Sc., E. Shabana Sheerin Fathima, I B.Sc., P. Lakshmi Priya, II B.Voc., A. Mubseera Begam, I B.Voc., K. Dhilthar Banu, I B.Voc., R. Shadhiya Banu, I B.Voc.,</p>	<p> Since 1951</p> <p>JAMAL MOHAMED COLLEGE (AUTONOMOUS) College with Potential for Excellence Re - accredited (3rd cycle) with 'A' Grade by NAAC (Affiliated to Bharathidasan University) Tiruchirappalli - 620 020</p> <p>NUTRITION & DIETETICS AND B.VOC FOOD PROCESSING AND SAFETY ASSOCIATION</p> <p><i>Cordially invites you to the</i></p> <p>WORLD BREASTFEEDING WEEK CELEBRATION</p> <p><i>Date : 06. 08.2019, Time: 3.15 p.m. Venue: Hussainudeen Hall</i></p>
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<p>FOOD PROCESSING & SAFETY ASSOCIATION JAMAL MOHAMED COLLEGE (AUTONOMOUS)</p>	<p>Hajee. Dr. S. Ismail Mohideen Principal</p> <p>Dr.A.K. Khaja Nazeemudeen, D. Litt (USA) Secretary & Correspondent</p>
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An awareness program on the importance of Breast feeding was conducted.

Ms. T.Jeyanthi Dinakaran, Registered & Chief Dietician, Meenakshi Hospital, Thanjavur addressed the gathering

Report of the Program

Association of Nutrition and Dietetics & B.Voc Food Processing and Safety conducted World Breast Feeding Week on 06.08.2019 at Hussainudeen Hall. The program was started with Quirth.

Dr.M.I.Fazal Mohamed, Head of the Department of Nutrition and Dietetics welcomed the gathering.

Hajee. M.J.Jamal Mohamed, Treasurer and Dr.K.Abdus Samad, Assistant Secretary, Jamal Mohamed College (Autonomous), Tiruchirappalli felicitated the gathering.

Ms. J.Harine Sargunam, Assistant Professor, Department of Nutrition & Dietetics, introduced the Chief Guest of the program.

Ms. T. Jayanthi Dhinakaran, Registered & Chief Dietician, Meenakshi Hospital, Thanjavur addressed the students about the importance of breast feeding and the significant role of the nutrients present in breast milk to the students.

Ms. R.Faseeha Fathima, II M.Sc., N&D student delivered the vote of thanks.

National Nutrition Week Celebration “Nutrizione’19”

<p>VALEDICTION</p> <p>Time : 3.00 pm Venue : Hussainudeen Hall</p> <p>Dr. S. Ismail Mohideen Principal <i>presides</i></p> <p>Valedictory address & Prize distribution</p> <p>Dr. R.G. Anand, MBBS., F.H.M. M.H.A Honorable Member, National Commission for Protection of Child Rights, Govt. of India Ministry of Women & Child Development</p> <p>Felicitatation</p> <p>Dr. A.K. Khaja Nazeemudeen, D.Litt (USA) Secretary & Correspondent Hajee. M.J. Jamal Mohamed Treasurer Dr. K. Abdus Samad Assistant Secretary Dr. A. Mohamed Ibraheem Vice- Principal Hajee. Dr. M. Mohamed Sihabudeen Additional Vice-Principal Dr. K.N Abdul Kader Nihal Director & Bursar (SF) Dr. K.N. Mohamed Fazil Director - Hostel Administration Mr. M.J.M. Mujeebur Rahman Director, Hostel Administration Ms. J. Hajira Fathima Director, Women Hostel Dr. M.I. Fazal Mohamed Head, Dept. of Nutrition and Dietetics</p>	<p>CONVENOR</p> <p>D. Bhuvaneswari Assistant Professor of Nutrition & Dietetics</p> <p>ORGANIZING SECRETARY</p> <p>J. Harine Sargunam Assistant Professor of Nutrition & Dietetics</p> <p>ORGANIZING COMMITTEE</p> <p>Dr.V.Kavitha, Assistant Professor B.Rajalakshmi, Assistant Professor J.Priya, Assistant Professor Dr. A.Sangeetha, Assistant Professor Dr.M.Angel, Assistant Professor A.Yasmin Fathima, Assistant Professor R.R.Sangeetha, Assistant Professor</p> <p>SECRETARY</p> <p>R.Faseeha Fathima, II M.Sc. K. Athifa, II B.Voc.</p> <p>JOINT SECRETARY</p> <p>A.Shalin, I MSc. A.Jasra, I B.Voc.</p> <p>EXECUTIVE MEMBERS</p> <p>M.Sathyananthi, II M.Sc. C.Keerthana, I M.Sc. N.Mubeena Fathima, III B.Sc. M.N Safrana Begum, III B.Sc. V. Priyadarshini, II B.Sc. G.Dhanalakshmi, II B.Sc. M. Marwa Fathima, I B.Sc. E. Sabana Sheerin Fathima, I B.Sc. P. Lakshmi Priya, II B.Voc. A. Mubseera Begam, I B.Voc. K. Dhilthar Banu, I B.Voc. R. Shadhiya Banu, I B.Voc.</p> <p>Contact no. & e-mail ID J.Harine Sargunam Cell-9442876002 nnw2019jmc@gmail.com</p>	<p>Jamal Mohamed College (Autonomous) College with Potential for Excellence Accredited (3rd cycle) with "A" Grade by NAAC (Affiliated to Bharathidasan University) Tiruchirappalli - 620 020</p>  <p>NATIONAL NUTRITION WEEK CELEBRATION</p> <p>Nutrizione'19</p> <p>3rd September 2019</p> <p>Organized by PG and Research Department of Nutrition & Dietetics</p>
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We cordially invite you to the **Nutrizione'19** Inter-collegiate competitions to be held on 3rd September 2019 at PG and Research Department of Nutrition and Dietetics between 9.30am and 4.30pm. The following events are scheduled to be inaugurated by our Management Committee Members.

Dr. A.K. Khaja Nazeemudeen, D.Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Registration at 8.30 a.m

Event: Cookery competition (Fireless)

No. of Participants: 1

Time: 9.30 a.m to 10.30 a.m

Theme: Traditional snacks and drinks

Criteria:

- ❖ No. of recipe -1
- ❖ 30 minutes for cooking and 10 minutes for serving
- ❖ Cooking and serving utensils should be brought by the participant
- ❖ Preparation and serving areas will be provided by the department

Event: Grain Carpet (Rangoli)

No. of Participants: 2

Time: 9.30a.m to 10.30 a.m

Theme: Rainbow carpet

Criteria:

- ❖ Size - 4 x 4 feet
- ❖ Participants need to bring all the required materials

Event: Fruit and Vegetable carving

No. of participants: 1

Time: 10.00 a.m to 11.00 a.m

Criteria:

- ❖ Participants are required to bring their own working tools, fruits and vegetables.
- ❖ All carving, assembling, peeling and cutting should be done during the competition.

Event: Poster Presentation

No. of Participants: 1

Time : 10.30 a.m to 11.30 a.m

Theme : Traditional food Vs Modern food

Criteria:

- ❖ Size of the poster should be 4 x 4 feet
- ❖ Minimum text should be used. Text should be clear and readable
- ❖ Maximize the use of visuals like pictures, photographs, graphs, schematics and maps
- ❖ Use space effectively
- ❖ Should mount the poster in the given area, half an hour before the competition

Tea break - 11.30 a.m to 11.45 a.m

Event: Start-up proposal

No. of participants: Team of 2 members

Time: 11.45 am to 12.45 pm

Theme: Emerging issues and challenges in Women health

Criteria:

- ❖ Refer the enclosed annexure.

Event : Turn Coat

No. of Participants : 1

Time :11.45 am to 12.45 pm

Criteria:

- ❖ Topic will be given on the spot to the participant
- ❖ The participant should speak for and against the topic for a minute respectively
- ❖ The participant can speak either in English or Tamil

Lunch -12.45 pm to 1.30 pm

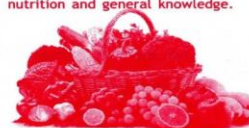
Event: " Miss Nutrition "

Max. No of Participants: 3 per college

Time: 2.00 pm to 3.00 pm

Criteria:

- ❖ Costumes, accessories and catwalk music should be brought by the participant
- ❖ Participants should be modesty in dressing
- ❖ Participants should exhibit their talents on the stage
- ❖ Questions will be asked in the areas of nutrition and general knowledge.



JAMAL MOHAMED COLLEGE (AUTONOMOUS)
TRICHY-20
DEPARTMENT OF NUTRITION & DIETETICS
National Nutrition Week Celebration
Circular

The Association of Nutrition & Dietetics and B.Voc (Food Processing & Safety) plans to conduct various skill-oriented competitions for the students in commemoration of National Nutrition Week on 28th & 29th August 2019. In this context, we request the students of our department to participate in maximum events & extend fullest co-operation for the successful conduct of the celebration.

The following is the list of various events. You may enroll your name on or before 26th August 2019. For further details you may contact The Convenor / Organizing Secretary.

CONVENOR

D. Bhuvanewari
Assistant Professor, Dept. of Nutrition & Dietetics

ORGANIZING SECRETARY

J. Harine Sargunan
Assistant Professor, Dept. of Nutrition & Dietetics

Event: Cookery competition

No. of participant: 1

Time: 12.00- 1.00 pm

Theme: Traditional foods prepared by modern cooking methods

Criteria:

- 50 min for cooking, 10 min for display.
- Preparation should be done on the spot.
- Appearance, taste, garnishing & nutritional aspects will be taken into account.
- Used ingredients, method of preparation and health benefits should be displayed
- Required things & ingredients must be brought by the participant
- Fuel & serving area will be provided by the Department

Venue: LH 137- Food science lab

Date: 28.8.19

Staff in-charge: D. Bhuvanewari

Event: Start-up proposal

No. of participants: Team of 2 members

Time: 12.00- 1.00 pm

Theme: Emerging issues and challenges in women health

Criteria:

- Invite the new venture or an idea which should have an existing social impact in the field of Nutrition & Dietetics.

Venue: LH 136- PPT room

Date: 28.8.19

Staff in-charge: Dr V.Kavitha

Rules & Regulations:

- One of the participants in team should present the proposal.
- Proposal of idea shall be an innovative and action oriented research (or) product development.
- Idea must be your own findings and not should be taken from public domains like you tube, journal (or) articles.
- Proposal should be written in English.
- Proposal should focus on creativity, originality, societal values and scope of Industry application oriented.
- For the Best proposal will be awarded with certificate and shield.

20.8.19
Department of Nutrition & Dietetics
Jamal Mohamed College
Tiruchirappalli-620 020

- The proposal format can be downloaded from the college website www.jmc.edu
- The hard copy of the filled in proposal should be submitted to **Dr. V. Kavitha**, Asst.Prof., Dept of Nutrition & Dietetics on or before 27th August 2019

Event: Turn Coat

No. of participants: 1

Time: 12.00-1.00 pm

Criteria:

- Topic will be given on the spot to the participant
- The participant should speak for and against the topic for one minute respectively
- The participant can speak either in english or tamil

Venue: LH 135- class room

Date: 28.8.19

Staff in-charge: Dr. M. Angel

Event: Quiz

No. of participants: 2 per team

Time: 12.00- 1.00pm

Criteria:

- A team should consist a maximum of 2 persons
- The participants are not allowed to use mobile or electronic instruments
- Replacement of any participants of a team will be not allowed after registration

Venue: LH 137 Food science lab

Date: 29.8.19

Staff in-charge: B. Rajalakshmi

Event: Oral presentation

No. of participants: 1

Time : 12.00 -1.00 pm

Topic:

- Diet in Disease
- Health & Fitness
- Nanotechnology in food preservation

Criteria:

- Participants can make a presentation on any one of the above topics

Duration: 5 mins

Venue: LH 136 PPT room

Date: 29.8.19

Staff in-charge: R.R. Sangeetha

Event: Poster Presentation

No. of participants: 1

Time: 12.00-1.00 pm

Theme: Traditional food Vs Modern Food

Criteria:

- Size of the poster should be 4 x 4 feet
- Minimum text should be used, Text should be clear and readable
- Maximize the use of visuals like pictures, photographs, graphs, schematics and maps
- Use space effectively
- Should mount the poster in the given area, half an hour before the competition

Venue: LH 135- Class room

Date: 29-8-19

Staff in-charge: A. Yasmin Fathimaa

I B.S.C	
II B.S.C	
III B.S.C	
I M.S.C	
II M.S.C	
M.Phil	



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Tiruchirappalli – 620 020, Tamil Nadu, India

Invitation

ASSOCIATION OF NUTRITION AND DIETETICS & B. Voc., FOOD PROCESSING AND SAFETY

We cordially invite you to the valedictory function of *NUTRIZIONE'19*, a week long intra- and inter collegiate competitions held in commemoration of Nutrition week at our college on 3rd September 2019

Chief Guest

Dr. R. G. ANAND MBBS, F.H.M, M.H.A,
Honourable Member

National commission for Protection of Child Rights
Ministry of Women and Child Development
Govt. of India, New Delhi





Inter-departmental & Inter-Collegiate competitions were conducted on “National Nutrition Week Celebration”





Hon.Dr.R.G.Anand, Honorable Member, National Commission for Protection of Child Rights, Govt. of India, Ministry of Women & Child Development delivered the valedictory address and distributed the prizes to the winner.

Report of the program

The Association of Nutrition & Dietetics and B.Voc., Food Processing & Safety conducted Inter-department competitions on 28th & 29th August 2019 at Nutrition & Dietetics and Inter-collegiate competitions on 3rd September 2019.

The following inter-departmental competitions like Cookery competition, Start-up proposal, Turn Coat, Quiz, Oral presentation and Poster presentation was conducted

for Jamal Mohamed College (Autonomous), Tiruchirappalli and Inter- collegiate competitions like Cookery competition (fireless), Grain carpet, Fruit and Vegetable carving, Poster presentation, Start-up proposal, Turn coat and “Miss Nutrition” was conducted for other college students in Tamil Nadu.

In Inter-departmental competitions, number of students participated are as follows cookery competition-21, start-up proposal – 4teams (2 participants per team), turn coat- 10, Quiz – 11 teams (2 students per team), Oral presentation – 5 and poster presentation – 18 participants. Totally 84 students participated.

In Inter-collegiate competitions, number of students participated are as follows Cookery competition – 61, Grain carpet – 52, Fruit and vegetable carving – 20, poster presentation – 34, start-up proposal – 8, Turn coat – 12 and “Miss Nutrition” – 15. Totally 202 students participated.

The program was started with the Registration at 8.30 a.m at Food Science Laboratory on 3rd September 2019.

Dr. A.K. Khaja Nazeemudeen, Secretary & Correspondent of Jamal Mohamed College (Autonomous), Tiruchirappalli inaugurated the program. The competitions was conducted in the Department of Nutrition & Dietetics. After the competitions were over Valedictory function was conducted at Hussainudeen Hall at 3.00 p.m on the same day.




Dr.M.I.Fazal Mohamed, Head of the Department of Nutrition & Dietetics welcomed the gathering. Dr.S.Ismail Mohideen, Principal, Jamal Mohamed College (Autonomous), Trichy delivered the Presidential Address. Hajee, M.J.Jamal Mohamed Sahib, Treasurer, Jamal Mohamed College (Autonomous), Trichy felicitated the gathering.

Dr.A Sangeetha, Assistant Professor, B.Voc Food Processing and Safety introduced the Chief Guest of the Program.

Dr. R.G.Anand, Honorable Member, National Commission for Protection of Child Rights, Government of India, Ministry of Women & Child Development delivered the Valedictory Address and distributed the Prize and certificates to the prize winners and the participants.

Ms. Arifa Mahmoodha, II M.Sc N&D delivered the vote of thanks.

Awareness Program on Geriatric Nutrition

 <p>11.00 a.m.</p> <p>to</p> <p>1.00 p.m.</p> <p>Program</p> <ul style="list-style-type: none">- Welcome – Presidential Address-Felicitations- Talk of Resource person I-Resource person II - Panel Discussion-Screening of Documentary: Lucobal	 
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**NUTRITION AND DIETETICS & B.VOC.
FOOD PROCESSING AND SAFETY
ASSOCIATION**

JAMAL MOHAMED COLLEGE (AUTONOMOUS)

*We solicit your esteemed presence to the awareness program on
"GERIATRIC NUTRITION" (a Special program to Jamal
Mohamed College retirees) followed by a panel discussion with
resource persons to be held on 26th September 2019 at 11.00 a.m.
in the Hussainudeen Hall*

Resource Persons

Dr. K. Sridharan MD.,DM.,,
Senior Gastroenterologist & Hepatologist,
SRM Medical College Hospital & Research Centre,
Trichy-621105

Dr. M. Chenniappan MD,DM,FACP,FRCP,
Cardiologist,
Ramakrishna Nursing Home,
Trichy-620003

Hajee. Dr. S. Ismail Mohideen
Principal

Presides

Dr. A.K. Khaja Nazeemudeen, D.Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Dr. A. Mohamed Ibraheem
Vice - Principal

Dr. M. Mohamed Sihabudeen
Additional Vice - Principal

Dr. K.N. Abdul Kader Nihal
Director & Bursar (SF)

Dr. K.N. Mohamed Fazil
Director, Hostel Administration (SF)

Mr. M.J.M. Mujeebur Rahman
Director, Hostel Administration

Ms. J. Hajira Fathima
Director, Women Hostel

&

Dr. M.I. Fazal Mohamed
HOD, Department of Nutrition & Dietetics

Felicitate



Dr.K.Sridharan M.D., DM., Senior Gastroenterologist & Hepatologist, SRM Medical College Hospital & Research Centre, Trichy & Dr. M. Chennaiappan M.D., DM., Cardiologist, Ramakrishna Nursing Home, Trichy acted as Resource person for the panel discussion with the retirees of Jamal Mohamed College (Autonomous), Trichy. Lunch was served for the Retirees in the Department of Nutrition & Dietetics.

Report of the program.

The Association of Nutrition & Dietetics and B.Voc., Food Processing & Safety conducted awareness program on Geriatric Nutrition for the Retired Professors of Jamal Mohamed College (Autonomous), Tiruchirappalli on 26.09.2019 at Hussainudeen Hall.

The program was started Qirath. Dr.M.I. Fazal Mohamed, Head of the Department of Nutrition & Dietetics welcomed the gathering and introduced the Resource persons. Dr.S.Ismail Mohideen, Principal, Jamal Mohamed College (Autonomous), Trichy delivered the Presidential Address.

Dr. A.K.Khaja Nazeemudeen, Secretary & Correspondent, Jamal Mohamed College (Autonomous), Trichy felicitated the gathering.


Dr.K.Sridharan MD., D.M., Senior Gastroenterologist & Hepatologist, SRM Medical College Hospital & Research Centre, Trichy gave a special lecture - 1 on the Physiological & psychological changes during aging process.

Dr. M. Chennaiappan M.D., DM., Cardiologist, Ramakrishna Nursing Home, Trichy gave special lecture -2 on Cardioprotection and Ageing.

This was followed by panel discussion with JMC Retirees. Dr.V.Kavitha, Assistant Professor, Department of Nutrition & Dietetics delivered the vote of thanks.

A special lunch was served for the retirees focusing on nutritionally dense foods for the Aged people.

Lecture Program on “Food Quality Assurance”



JAMAL MOHAMED COLLEGE (AUTONOMOUS)
College with Potential for Excellence
Accredited (3rd cycle) with 'A' Grade by NAAC
(Affiliated to Bharathidasan University)
Tiruchirappalli - 620 020

PG & RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS
&
B. Voc. FOOD PROCESSING AND SAFETY

A special lecture program on “FOOD QUALITY ASSURANCE” will be held on
8th January 2020 at 3.30p.m in the Hussainudeen Hall
We solicit your esteemed presence to the special lecture program.

Resource Person
Dr. R. JAGAN MOHAN
Professor and Head,
Department of Food Product Development
Indian Institute of Food Processing Technology (IIFPT),
Ministry Of Food Processing Industries (MOFPI),
Government of India, Thanjavur

Hajee . Dr. S . Ismail Mohideen
Principal
Presides

Dr. A.K. Khaja Nazeemudeen , D.Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed Sahib
Treasurer

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Mr. M.J.M. Mujeebur Rahman
Director, Hostel Administration

Dr. M.Mohamed Sihabudeen
Additional Vice - Principal
Dr.K.N. Mohamed Fazil
Director, Hostel Administration (SF)
Ms. J. Hajira Fathima
Director, Women Hostel
&
Dr.M.I.Fazal Mohamed
HOD, Department of Nutrition and Dietetics

Felicitate

Executive Members (Staff) :
Dr. V. Kavitha, Assistant Professor
Ms.B. Rajalakshmi, Assistant Professor
Ms.J. Harine Sargunam, Assistant Professor
Ms.J. Priya, Assistant Professor
Dr. A. Sangeetha, Assistant Professor
Ms.D. Bhuvaneswari, Assistant Professor
Dr. M. Arigel, Assistant Professor
Ms. A. Yasmin Fathima, Assistant Professor
Ms.R.R. Sangeetha, Assistant Professor

Executive Members (Students) :
R. Faseeha Fathima, II M.Sc.,
M. Sathyananthi, II M.Sc.,
S. Shalin, I M.Sc.,
N. Mubeena Fathima, III B.Sc.,
M.N. Safrana Begum, III B.Sc.,
V. Priyadharshini, II B.Sc.,
G. Dhanalakshmi, II B.Sc.,
Keerthana I M.Sc.,
M. Marwa Fathima, I B.Sc.,
E. Shabana Sheerin Fathima, I B.Sc.,
K. Athifa, II B.Voc.,
P. Lakshmi Priya, II B.Voc.,
A. Jasra, I B.Voc.,
A. Mubseera Begam, I B.Voc.,
K. Dhilthar Banu, I B.Voc.,
R. Shadhiya Banu, I B.Voc.



Dr. R. Jagan Mohan, Professor & Head, Department of Food Product Development, IIFPT, MOFPI, Govt. of India, Thanjavur gave special lecture on “Food Quality Assurance”

Report of the Program

The association of Nutrition and Dietetics & B.Voc Food Processing and Safety conducted A special lecture program on “Food Quality Assurance” on 08.01.2020 at Hussainudeen Hall. The program was started with Quirth.


Dr.M.I.Fazal Mohamed, Head of the Department of Nutrition and Dietetics welcomed the gathering.

Dr. A. Sangeetha, Assistant Professor, B.Voc Food Processing & Safety, introduced the Chief Guest of the program.

Dr.R.Jagan Mohan, Professor and Head, Department of Food Product Development, Indian Institute of Food Processing Technology (IIFPT), Ministry of Food Processing Industries (MOFPI), Government of India, Thanjuvur gave a special lecture on the quality aspects to be followed during food product development. He emphasized on the government funding schemes available for entrepreneurs’ to start food product industries.

Ms.J.Harine Sargunam, Assistant Professor, Department of Nutrition & Dietetics delivered the vote of thanks.

Special Lecture Program on “Research Strategies in Nutrition & Dietetics”



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Tiruchirappalli - 620 020

PG & RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS
&
B. Voc . FOOD PROCESSING AND SAFETY

A special lecture program on “RESEARCH STRATEGIES IN NUTRITION AND DIETETICS” will be held on
23rd January 2020 at 3.30p.m in the Computer Science seminar hall
We solicit your esteemed presence to the special lecture program.

Resource Person
Dr.M.Syed Ali Padusha
Associate Professor,
PG & Research Department of Chemistry,
Jamal Mohamed College (Autonomous),
Tiruchirappalli-620 020.

Hajee . Dr. S . Ismail Mohideen
Principal
Presides

Dr. A.K. Khaja Nazeemudeen , D.Litt (USA)
Secretary & Correspondent

Hajee. M.J. Jamal Mohamed Sahib
Treasurer

Dr. K. Abdus Samad
Assistant Secretary

Dr. A.Mohamed Ibraheem
Vice- Principal

Dr. K.N. Abdul Kader Nihal
Director & Bursar (SF)

Mr. M.J.M. Mujeebur Rahman
Director, Hostel Administration

Dr. M.Mohamed Sihabudeen
Additional Vice - Principal

Dr.K.N. Mohamed Fazil
Director, Hostel Administration (SF)

Ms. J. Hajira Fathima
Director, Women Hostel

&

Dr.M.I.Fazal Mohamed
HOD, Department of Nutrition and Dietetics

Felicitate

Executive Members (Faculty) :
Dr. V. Kavitha, Assistant Professor
Ms.B. Rajalakshmi, Assistant Professor
Ms. J. Harine Sargunam, Assistant Professor

Executive Members (Students) :
R. Faseeha Fathima, II M.Sc.,
M. Sathyananthi, II M.Sc.,
S. Shalin, I M.Sc.

M. Marwa Fathima, I B.Sc.,
E. Shabana Sheerin Fathima, I B.Sc.



Dr.M.Syed Ali Padusha, Associate Professor, Department of Chemistry, Jamal Mohamed College (Autonomous), Trichy gave a special lecture on “Research Strategies in Nutrition & Dietetics”.

Report of the Program

The association of Nutrition and Dietetics & B.Voc Food Processing and Safety conducted A special lecture program on “Research Strategies in Nutrition & Dietetics” on 23.01.2020 at Computer Science Seminar Hall. The program was started with Quirth.


Dr.M.I.Fazal Mohamed, Head of the Department of Nutrition and Dietetics welcomed the gathering and introduced the Chief Guest of the program.


Dr.M.Syed Ali Padusha, Associate Professor, Department of Chemistry, Jamal Mohamed College (Autonomous), Trichy gave a special lecture on the Research Strategies in Nutrition & Dietetics. He focused on the quality of improving research in the field of Nutrition and Dietetics.


Dr. V. Kavitha, Assistant Professor, Department of Nutrition & Dietetics delivered the vote of thanks.


UGC sponsored Faculty Training Program on “Food Processing Techniques”

RESOURCE PERSONS

 **Topic : NOVEL READY TO USE FOOD PRODUCTS**
Ms. S. K. Mathangi, M. Sc., MBA
Assistant Professor,
Department of Food Processing Technology,
College of Food and Dairy Technology,
TAMILNADU VETERINARY AND ANIMAL SCIENCES UNIVERSITY
Koduvalli, Chennai-600052.

 **TOPIC : FRUIT PROCESSING**
Dr. K. Geetha, M. Sc., Ph.D
Assistant Professor - Food Science and Nutrition
Department of Social Sciences
ANBIL DHARMALINGAM COLLEGE AND RESEARCH INSTITUTE
Tiruchirappalli-620 027


 **TOPIC : FOOD ADDITIVES**
Dr. V. Veeranan Arun Giridhari, M. Sc., Ph.D.
Assistant Professor - Food Science and Nutrition
Community College and Research Institute
TAMIL NADU AGRICULTURAL UNIVERSITY
Madurai - 6251045

 **TOPIC : BAKERY AND CONFECTIONERY**
Ms. D. Bhuvaneswari, M. Sc., B. Ed, M. Phil,
Assistant Professor
PG and Research Dept of Nutrition and Dietetics
JAMAL MOHAMED COLLEGE (AUTONOMOUS)
Tiruchirappalli-620 020

EXECUTIVE MEMBERS


Kavitha,
nt Professor
Rajalakshmi,
nt Professor
Priya,
nt Professor

Dr. M. Angel,
Assistant Professor
Ms. A. Yasmin Fathimaa,
Assistant Professor
Ms. R. R. Sangeetha,
Assistant Professor



**UGC SPONSORED
FACULTY TRAINING
PROGRAMME
ON
FOOD PROCESSING
TECHNIQUES**
**10 – 11th
MARCH, 2020**

Organized by
**B.Voc., FOOD PROCESSING AND SAFETY
PG & RESEARCH DEPARTMENT OF NUTRITION AND DIETETICS
JAMAL MOHAMED COLLEGE (AUTONOMOUS)**
College with Potential for Excellence | Accredited (3rd Cycle) with 'A' Grade by NAAC
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TIRUCHIRAPPALLI - 620 020



ABOUT THE PROGRAMME:

A two-day programme will be conducted under the umbrella theme "FOOD PROCESSING INNOVATIONS". New developments in food processing are crucial for the continued productivity and competitiveness of the people working for the assurance of food and nutritional security. This programme is designed to develop insight and inculcate basic skills and knowledge in techniques of food processing. The aim of the training programme is to offer a glimpse on the recent techniques in food processing. This will provide a platform to academicians and scientists for discussion and exchange of ideas and views about technological advancements on the recent development in food processing. It will be made to provide demonstrations on some of the advanced techniques in food processing.

SCOPE OF FOCUS:

The programme focuses on outcome-based approach towards Food Processing Sector. The scientific portion of the programme includes lectures and practical sessions on "Food Processing Techniques".

ABOUT THE COLLEGE:

Jamal Mohamed College, a government aided first grade college affiliated to Bharathidasan University was founded in 1951 and situated in the heart of Tiruchirappalli city. The college provides an atmosphere for higher education to all section of the society. The college has a student strength of 12,000 and teaching faculty strength of 492 consists of 130 Govt. Aided and 362 Management Members. The college celebrated its Silver Jubilee during 1979. Golden jubilee during 2001 and Diamond Jubilee during 2011 in a grand manner. The college was awarded the coveted five-star status by UGC, an autonomous body of UGC, during the golden jubilee year. Autonomous status was conferred on the college during the academic year 2004-2005. NAAC Peer team visited the college during October for reaccreditation and the college was awarded "A" grade with CGPA 3.6 out of 4.0. The UGC has accorded the status of "college with potential for excellence" during the academic year 2011-2012. The college is Re-accredited (3rd cycle) with "A" grade by NAAC.

ABOUT THE DEPARTMENT:

The Department of Nutrition and Dietetics was started during 2008, with an undergraduate programme under self-financing stream to meet the educational needs of women students exclusively. Recently PG course was introduced during 2011 for women students and later strengthened as M.Sc. in Food Processing and Safety during the academic year 2018. UGC Sponsored B.Voc. programme in Food Processing and Safety also has been started during this year. The Department has well qualified faculty members who are actively involved in research in chosen field like Community Nutrition, Food Processing and Preservation and Clinical Nutrition. To ensure high quality in education the department acquired best infrastructures, state of the art laboratory equipments and well stocked library. The focus of the department is to enable the students to explore the opportunities and challenges in the field of Nutrition and Dietetics to become popular entrepreneurs, excellent researchers and great trainers. The Graduates and Post Graduates of this department have the imprints of their footsteps in various capacities across the field as dietician in the reputed multi-speciality hospitals, entrepreneurs and as academicians.

OBJECTIVES:

- to demonstrate and give hands on experience in innovative food processing technologies
- to disseminate knowledge and develop skills for diverse training methods in imparting training to students and entrepreneurs in the field of food processing

WHO CAN PARTICIPATE:

Faculty members of Universities/Colleges/Institutes who wish to become the motivator, trainer & facilitator of novel/food products development

Only 20-25 participants will be shortlisted from the aspirants

TIME AND DURATION:

The programme would be organized at JAMAL MOHAMED COLLEGE, TIRUCHIRAPPALLI, India. The duration of the programme is TWO DAYS (i.e) 10-11th March 2020.

REGISTRATION AND ACCOMMODATION:

Registration Fee Rs. 200 per participant
Certificate of participation upon successful completion of the training program.
Accommodation will be arranged on request at the rate of approximately Rs. 1500 per day.
The participants are requested not to bring their family members during the training period. Only participants will be provided to and from by rail (Restricted to AC - II tier) or by bus as per their convenience. Actual TA for the shortest route will be paid on submission of the original tickets. The local facilities are not eligible for lodging but they will be provided with local hospitality (lunch, tea and snacks etc.)

Latest date of receiving applications: 06/03/2020

The short listed candidates would be communicated by 06/03/2020 through e-mail and the list of short listed candidates will also be available at our college website

Inauguration | Valediction
10.3.2020 @ 9.30 am | 11.3.2020 @ 4.00 pm
(Venue : Commerce Gallery)

In the august presence of

Hajee. M.J. JAMAL MOHAMED BALAL
President

Dr. A.K. KHAJA NAZEEMUDEEN, D.Litt., (USA)
Secretary & Correspondent

Hajee M.J. JAMAL MOHAMED
Treasurer

Dr. K. ABDUS SAMAD
Assistant Secretary

Presidential Address

Dr. S. ISMAIL MOHIDEEN
Principal

Facilitations

Dr. A. MOHAMED IBRAHEEM
Vice-Principal

Dr. M. MOHAMED SIHABUDEEN
Additional Vice-Principal

Dr. K.N. ABDUL KADER NIHAL
Director & Bursar-SF

Dr. K.N. MOHAMED FAZIL
Director - Hostel Administration

Mr. M.J.M. MUJEEBUR RAHMAN
Director - Hostel Administration

Ms. J. HAJIRA FATHIMA
Director - Hostel Administration (Women) &

Dr. M.I. FAZAL MOHAMED
Head of PG & Research Dept. of N&D

Ms. J. HARINE SARGUNAM
Asst. Prof. - PG & Research Dept. of N&D

Dr. A. SANGEETHA
Asst. Prof. - PG & Research Dept. of N&D
Organising Secretary



**Two day Faculty Development Program on Food Processing Techniques
for teaching staff members on 10th & 11th March 2019**

Report of the program

B.Voc Food Processing & Safety and PG & Research Department of Nutrition & Dietetics organized UGC sponsored Faculty Development Program on Food Processing Techniques on 10th and 11th March 2020.

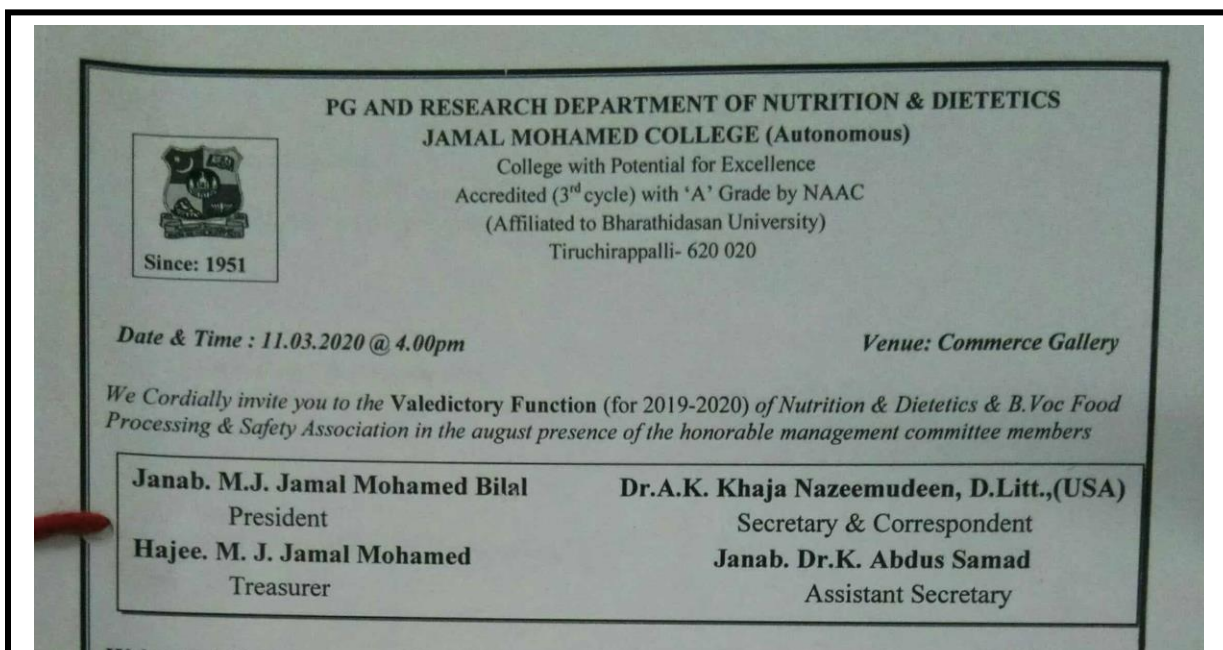
Ms.S.K.Mathangi, Assistant Professor, Department of Food Processing Technology, College of Food and Dairy Technology, Tamil Nadu Veterinary and Animal Science University, Koduvalli, Chennai gave a lecture on Novel ready to use food products and demonstrated on the novel ready food preparation.

Dr.K.Geetha, Assistant Professor – Food Science and Nutrition, Department of Social Sciences, Anbil Dharmalingam College and Research Institute, Tiruchirappalli gave lecture on Fruit Processing and demonstrated and gave hands on training on various food processing techniques used in food industries.

Dr.V. Veeranan Arun Giridhari, Assistant Professor – Food Science and Nutrition, Community College and Research Institute, Tamil Nadu Agricultural University, Madurai gave a lecture on Food Additive on uses of food additives in food product development.

Ms.D.Bhuvaneswari, Assistant Professor, Department of Nutrition & Dietetics, Jamal Mohamed College (Autonomous), Tiruchirappalli gave a lecture on Bakery and Confectionery and gave hands on training on Bakery and Confectionery products.

Association Valediction



The image shows a printed notice for a Valedictory Function. It features a logo on the left with the text 'Since: 1951'. The main text is centered and includes the department name, college name, accreditation details, and location. It specifies the date and time of the event and the venue. A cordial invitation is extended to the audience. Below this, a table lists the names and roles of the officials involved in the function.

PG AND RESEARCH DEPARTMENT OF NUTRITION & DIETETICS
JAMAL MOHAMED COLLEGE (Autonomous)
College with Potential for Excellence
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Tiruchirappalli- 620 020

Since: 1951

Date & Time : 11.03.2020 @ 4.00pm *Venue: Commerce Gallery*

We Cordially invite you to the Valedictory Function (for 2019-2020) of Nutrition & Dietetics & B.Voc Food Processing & Safety Association in the august presence of the honorable management committee members

Janab. M.J. Jamal Mohamed Bilal President	Dr.A.K. Khaja Nazeemudeen, D.Litt.,(USA) Secretary & Correspondent
Hajee. M. J. Jamal Mohamed Treasurer	Janab. Dr.K. Abdus Samad Assistant Secretary

Asst.Prof.-PG & Research Dept. of N&D
Presidential Address : Dr. S. Ismail Mohideen

S





Dr.V.Veerenan Arun Giridhari, M.Sc., Ph.D., Assistant Professor – Food Science & Nutrition, Community College & Research Institute, Tamil Nadu Agriculture University, Madurai delivered the Valedictory Address and distributed certificates to the participants.

Report of the program

The Association of Nutrition and Dietetics & B.Voc Food Processing & Safety Valediction on 11th March 2020. The program was started with Quirth.

Ms.J. Harine Sargunam, Assistant Professor, Department of Nutrition and Dietetics welcomed the gathering and introduced the Chief Guest of the program.

Dr.M.Angel, Assistant Professor, Department of Nutrition & Dietetics, presented the departmental activities of the academic year 2019-2020.

Dr.V. Veeranan Arun Giridhari, Assistant Professor- Food Science and Nutrition, Community College and Research Institute, Tamil Nadu Agricultural University, Madurai delivered the Valedictory Address. He motivated the students to do higher education and focus on research in the field of nutrition and distributed certificates to the participants.

Dr. A. Sangeetha, Assistant Professor, B.Voc., Food Processing and Safety delivered the vote of thanks.